**Characteristics of Students Coping with Trauma**

* Low frustration tolerance
* Lack of cognitive flexibility
* Deficits in expressive and receptive language skills
* Inability to access working and long-term memory
* Lack of, or inconsistent, executive functioning skills:
	+ Problem-solving and decision-making skills
	+ Organization and information processing skills
	+ Planning and sequential thinking
	+ Reasoning and higher-order thinking
* Difficulty connecting extrinsic rewards and conceived consequences to behaviors
* Increased impulsivity and risk-taking behaviors
* Substance abuse
* Anxiety and worry about safety & wellbeing of self and loved ones
* Somatic symptoms and illness
* Inconsistent engagement, performance, and effort
* Inconsistent ability to attend, focus, and concentrate
* Difficulty with perspective-taking
* Hyperarousal, hypersensitivity, hypervigilance, or hyperactivity
* Shut-down, noncompliance, dissociation
* Lack of motivation
* Inability to shift attention from distressing emotions to other tasks
* Tardiness and increased absences
* Inability to connect long-term goals to current actions
* Bonding too easily; clinging
* Repetitive thoughts about death
* Emotional dysregulation
* Disproportionate responses to present events
* Aggressive, violent, or disruptive behavior
* Defiant, irritable, or resistant behavior
* Sleepiness
* Increased requests to call home
* Increased requests to use the restroom during class